



Lt is a cloud-based learning platform for health professional courses that helps you bridge the gap between theory and practice.

Designed specifically for nursing and healthcare courses, Lt delivers two comprehensive collections of lessons: the Immersive Nursing Collection and the Clinical Skills Collection.

These collections bridge the gap between theory and practice by interweaving real patient case studies and background information with practical exercises.

Each immersive nursing module focuses on a real patient to build the student's understanding of normal physiology, pathophysiology, and their role in patient healthcare. These modules are complemented by the clinical skills collection, which focuses on core nursing skills and applying these in scenarios.

The collections include engaging exercises, video interviews, audio bites, animations, images, quizzes, and other interactive content, providing the perfect complement to simulation.

"Lt's real patient case studies make theory highly clinically relevant and engaging for our students"

Jack Simpson, Lecturer, Nursing,
University of the West of Scotland



Sign up now:
adi.to/try_lt



Improved efficiency



Increased student engagement

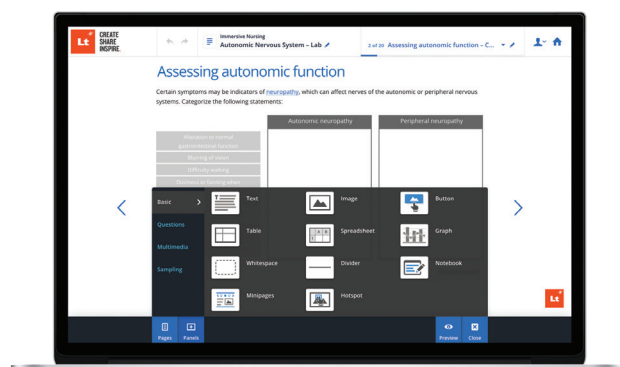


Improved results in theory and clinical practice



Increased student pass rates*

*Results of using Lt at the Otago Polytechnic School of Nursing, 2017



Clinical Skills Collection

Designed to develop your students' practical nursing abilities and communication skills.

19 MODULE COLLECTION

3 LESSONS PER MODULE

3 HOURS LEARNING PER MODULE (Approx.)



Lesson types include: Case study • Preparation • Practice • Quiz

Assessment Tools

Early warning score (EWS) systems; Genograms and ecomaps; COLDSPA demonstration.

Clinical Measurements I

Measuring height, weight, blood glucose level; Testing urine samples.

Clinical Measurements II

Neurological examinations and “neuro obs”; Cranial nerve function, reflexes, motor function, sensory function, loss of consciousness; GCS score calculations.

CPR (Standalone lesson)

Cardiopulmonary resuscitation (CPR) procedures used to treat adults, infants, and neonates; Different ways life support is provided to neonates at home and hospital births; Treating choking in both adults and children.

Fluid and Nutrition

Nutritional assessments; Fluid balance assessment and documentation.

Health History and General Survey

Therapeutic communication interview techniques; Subjective vs objective data; Informed consent; Health history and general survey methods.

Health Literacy

Health literacy; Consequences of poor health literacy; Assessing health literacy.

Health Promotion and Community Nursing

Health promotion and community assessment; Primary health care; Differing concepts of family; Foot, or windshield, survey.

Hygiene and Personal Care

Importance of personal hygiene; Techniques for assisting patients.

Indwelling Catheter (Standalone lesson)

Inserting an indwelling catheter in a patient; Principles of the Aseptic Non-Touch Technique (ANTT).

Intravenous (IV) Fluid Infusion (Standalone lesson)

Steps involved in intravenous (IV) fluid infusion and intravenous antibiotic (IVAB) administration.

Medication Administration I

Preparing and administering medications; The “three checks” and “five rights” of medication administration; Administering liquid medication; Dosage calculation.

Medication Administration II

Calculating dosages; Preparing and administering injectable medications via subcutaneous and intramuscular routes.

Nasogastric Intubation (Standalone lesson)

Inserting a nasogastric tube into a patient.

Oxygen Therapy

Physiology of respiration; Respiratory assessments; Oxygen delivery devices and associated precautions; Administering oxygen therapy.

Peripheral Assessment

Peripheral assessments of the arms, legs, diabetic feet; Documenting; Relation to peripheral vascular disease, and arterial and venous insufficiency.

Practice Hours Log

Log educational hours spent within Lt.

Promoting Comfort

Importance of sleep and rest; Changing linens of an unoccupied bed; Comfort intervention methods; Documenting interventions.

Safety

Importance of safety in nursing; Needlestick safety, infection control, and falls prevention; Hand hygiene and personal protective equipment (PPE).

Sterile Fields

Principles of infection, asepsis, and aseptic technique; Healthcare-associated infections and prevention; Sterile field methodology.

Supporting Elimination

Assessing elimination; Promoting bowel health; Assisting with elimination and standard precautions; Patient safety and dignity.

Therapeutic Communication

Communication methods; Establishing therapeutic relationships; Informed consent; Professional communication.

Vital Signs

Physiology of heart rate, respiration rate, blood pressure, and temperature; Measuring and documenting vital signs.

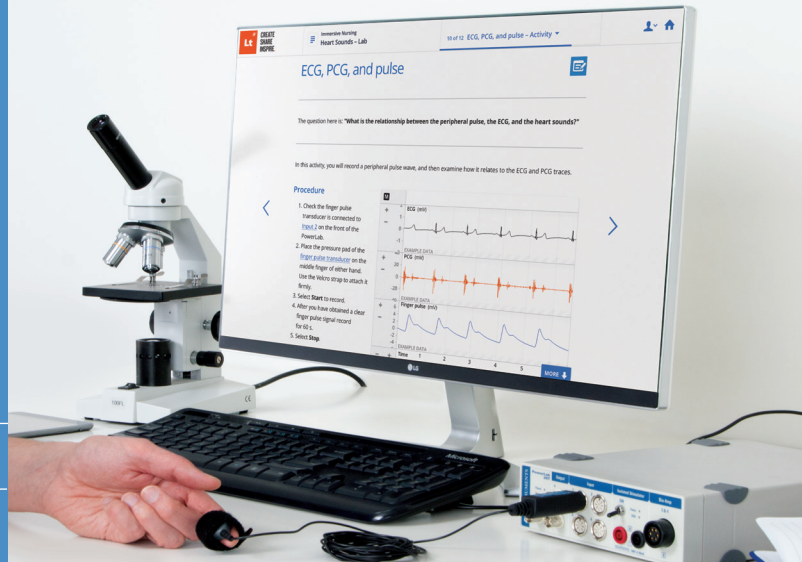
Immersive Nursing Collection

Uses real patient case studies to build learners' understanding of normal physiology and pathophysiology, and apply that to a patient's condition.

15 MODULE COLLECTION

5 LESSONS PER MODULE

6 HOURS LEARNING PER MODULE (Approx.)



Lesson types include: Case Study • Patient Education • Evaluation • Laboratory • Scenario

Blood Pressure

The challenges of treating James' persistent hypertension.

- Blood Pressure Lab

Childbirth

Jenny's experience of childbirth and a midwife's guidance.

COPD

Mary and her husband's struggle with COPD. Includes discussion of advanced care planning.

- Lung Volumes Lab

Diabetes Complications

The autonomic complications of Ben's Type 2 diabetes.

- Autonomic Nervous System Lab

Febrile Illness

A mother's care for her febrile child, Liam.

- Body Temperature Lab

Heart Failure

Tama's experience of dilated cardiomyopathy and his wait for a heart transplant.

- Heart Sounds Lab

Muscle

The progression and management of Frank's Becker muscular dystrophy. Includes discussion of falls risk assessment.

- Skeletal Muscle Function Lab

Myasthenia Gravis

The diagnosis and treatment of Rachel's myasthenia gravis.

- Muscle and EMG Lab

Myocardial Infarction

Mike's coronary artery disease leads to a myocardial infarction.

- Heart and ECG Lab

Peripheral Vascular Disease

Sam's worsening peripheral vascular disease.

- Heart and Peripheral Circulation Lab

Pregnancy

Jenny and her husband's experience with pregnancy.

Practice Hours Log

Log educational hours spent within Lt.

Renal Failure

Alfred's experience of dialysis and kidney transplant following polycystic kidney disease (PKD).

- Kidney and Urine Lab

Stroke

Barry and his wife's rehabilitation journey following a stroke. Includes activity on Glasgow coma score.

- Spinal Reflexes Lab

Type 1 Diabetes

How Type 1 diabetes affects Carol's life.

- Glucose Absorption Lab

Patient Resource Packs

31 REAL PATIENT CASES

Educators teaching in pre-health or health professional courses can teach more effectively with our Patient Case Library. The Library consists of **31 patient packs**, each containing resources based around a **real patient's experience** that can be easily copied to lessons you are creating without the need or cost of creating your own.

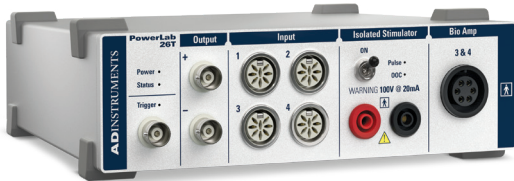
A Typical Patient Pack Includes:

- Initial presentation, patient history, and clinical summary
- Detailed video interviews with a real patient, family, and health care professionals
- Specialized investigations such as chest X-rays, ECGs, MRI, and CT scans
- Laboratory tests, investigations and results, diagnosis, and treatment plan
- Footage of key medical procedures
- Discharge, consultant summary, and patient follow-up
- Suggested teaching topics

Education Kits for Nursing and Health Science

Created with focus and flexibility in mind, our Education Kits give you all the hardware you need for your teaching labs, in simple, modular packages.

By using off-the-shelf Lt lessons, you can share engaging experiments with your students immediately, including those on grip force, blood pressure, heart sounds, respiration, and skin temperature. Simply select the Education Kit/s you need, add a PowerLab (purchased separately), and you're ready to teach.



PowerLab 26T

The **PowerLab 26T** features a dual Bio Amp, an isolated stimulator, trigger input, 4 analog inputs, 8 digital inputs, and 8 digital outputs. With a maximum 100 kS/s sample rate and >95 dB CMRR, the 26T is used in a wide range of research applications.



PTK30 Human Physiology Kit

Suitable for investigating and recording a number of physiology laboratory lessons on human subjects. Capable of performing experiments including but not limited to ventilation rate, grip force, blood pressure, heart sounds, reaction timing, and reflexes requiring mechanical stimulation.

Recommended:

Lt: Medicine, Nursing

Lt, Lt LabStation:

Human Physiology

PowerLab 26T or 15T

Kit contains:

- Respiratory Belt Transducer
- Grip Force Transducer (DIN)
- Cardio Microphone
- Sphygmomanometer with 3 Cuffs
- Push Button Switch
- Dry Earth Strap
- Tendon Hammer



PTK10 Human Respiratory Kit

Suitable for performing respiratory experiments on human subjects. Capable of recording inhalation and exhalation parameters such as minute ventilation and tidal volume, as well as PIF, PEF, FVC, and FEV1.

Recommended:

Lt: Medicine, Nursing

Lt, Lt LabStation:

Human Physiology

PowerLab 26T or 15T

Kit contains:

- Spirometer Pod
- Respiratory Flow Head
- Flow Head Adaptor
- Disposable Respiratory Kit (5)
- Clean Bore Tubing



PTK31 Skin Temperature Kit

Suitable for recording continuous skin temperature on human subjects for biological measurements of temperature in the range of 0°C to 50°C.

Recommended:

Lt, Lt LabStation:

Human Physiology

PowerLab 26T or 15T

Kit contains:

- Thermistor Pod
- Skin Temperature Probe (2m)

"We are turning out more advanced and confident nursing practitioners with Lt."

Colette Wright, Clinical Skills Lecturer, Otago Polytechnic, New Zealand

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